

## Prayer on Going to Bed

اللَّهُمَّ بِاسْمِكَ أَمُوتُ وَ أَحْيِي

O Allah, in your name I die (sleep) and I become alive (awake).  
(Bukhari Kitab-ud-Da'awaat)

## Prayer Times at Baitus Subhan

Fajr	4:00
Zuhr	13:30
Asr	17:30
Maghrib	21:30
Ishaa	21:30

## Upcoming National/Regional Events

6/9/17 July: Jalsa Waqar-e-Amal  
17 July: Jalsa Inspection  
22-24 July: Jalsa UK  
20-25 July: Jalsa Duty at Zone D  
28 July: Post Jalsa Duty

## Upcoming Local Events

10 July: General Meeting at 20:30 at Baitus Subhan  
Every Sunday: Cricket at Croydon Athletic Club at 18:00. Contact local sehat-e-jismani nazim for details.

## Contacts and Feedback

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## The Holy Qur'an

وَمَا خَلَقْتُ الْجِنَّ وَالْإِنْسَ إِلَّا لِيَعْبُدُونِ ۝

"And I have not created the Jinn and the men but that they may worship Me".  
Ch. 51:V.57



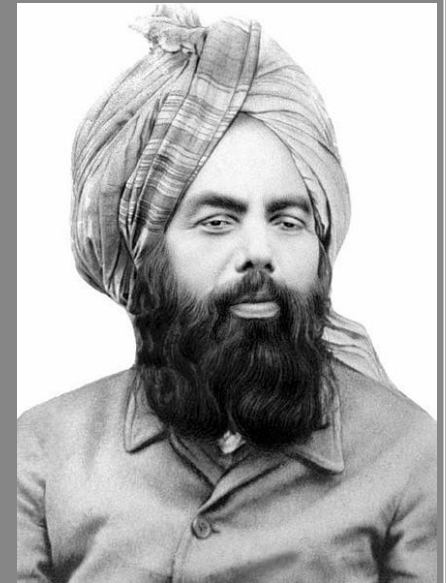
## Hadith

Abu Ayub Ansari relates that a man said: Messenger of Allah, tell me that which will cause me to be admitted to Paradise and will keep me away from the Fire. He answered: Worship Allah and do not associate anything with Him, observe Prayer, pay the Zakat and join the ties of kinship. (Bukhari, Kitabul Adab)



## Writings of The Promised Messiah<sup>as</sup>

What is the Prayer? It is the supplication made humbly in the form of *tasbih* [glorification] and *tahmid* [praise of God], *taqdis* [proclaiming His holiness], *istighfar* [seeking His forgiveness] and *durud* [calling down His blessings on the Holy Prophet<sup>saw</sup>]. When you are occupied with the Prayer, do not confine yourselves only to the prescribed Prayers like heedless people whose Prayer is all formality and has no reality behind it. When you observe the Prayer, besides the prescribed supplications taught



by the Holy Qur'an and the Holy Prophet<sup>saw</sup>, you should set forth your supplications in your respective vernaculars so that your hearts may be moved by your humility and your earnestness.

(Kashti-e-Nuh, Ruhani Khaza'in, vol. 19, pp. 68-69)

## Extract of Friday Sermon

Published on Jun 17 2011

This is a great favor of Allah on us Ahmadis that he gave us the opportunity to accept the Imam of this age. If an Ahmadi ponders, he will realize that he cannot return this favor even if he spends all his life in being grateful to Allah.

It is said that there are around two billion Muslims in the world at this time. The prophecy and directive is in front of all of them that the Messiah and the Mahdi will appear in the fourteenth century [after Hijrah].

The Holy Qur'an, by saying *wa akharina minhum lamma yalhaqu bihim* [And among others from among them who have not yet joined them. (62:4)], diverted attention further to this aspect.

The Holy Prophet Muhammad, peace and blessings of Allah be on him thus further clarified by saying, Search him among the non-Arabs. He also directed to go to him and to have his Salam conveyed to him even if you have to walk on your knees on slabs of ice.

And then Allah taught Muslims prayers to always stay on the guidance and with the guidance. But yet only 5-7 % availed the opportunity to recognize the Imam of the time even though the Muslims pray the supplication of *ihdinas-siratal-mustaqim* [Guide us in the right path. (1:6)] in their worship many times.

May the prayer of *ihdinas-siratal-mustaqim* [Guide us in the right path. 1:6] become the voice of the hearts of the Muslims. And may the Muslim ummah be the inheritor of the blessings of God and that may the world see them with an eye of honor and respect. (For full article please go to [www.khuddam.org.uk/friday-sermon](http://www.khuddam.org.uk/friday-sermon))



## A Page From History

Have you ever wondered why Hadhrat Isa<sup>as</sup> is known by his mother's name?! Let us explain.

The grandmother of Hadhrat Isa<sup>as</sup>, Hanna, was a very pious lady. She had a keen desire to dedicate her child for the service of faith. She made a vow with God that when she would be blessed with a child, she would devote that child in the service of God.

During those days only males were admitted to hermitage to be trained in matters of faith. This is why when Hanna gave birth to a girl, she was rather disappointed. However, God consoled her by saying that she did not know the ranks of the child blessed to her. The girl was named Mary and was given in the guardianship of Hadhrat Zakaria<sup>as</sup>, who ran the hermitage and was a prophet of God. Mary grew from childhood to womanhood under the training of Hadhrat Zakaria<sup>as</sup> and his wife. So pious was young Mary that Hadhrat Zakaria<sup>as</sup> supplicated to be given a progeny like her. Allah also listened to his prayer and he was blessed with Hadhrat Yahya<sup>as</sup> at a very advance age.

One day, when Mary was praying in solitude, an angel suddenly appeared in the form of a very handsome young man. He said to Mary that she would be blessed with a son. Mary replied that she had never been touched by a man and she was not unchaste; and therefore, the man should not hold any evil thoughts. At this the angel told her that Mary should not fear him as he was only a messenger from God to deliver this news to her. Thus Hadhrat Isa<sup>as</sup> Ibne Maryam was born without the agency of a father and hence is known by the name of her mother.

Hadhrat Isa<sup>as</sup>'s miraculous birth also served as a sign for the Israelites that they had become unworthy of prophethood due to their persistent mistreatment of prophets sent to them; and that the time was approaching when prophethood was to be transferred to their brethren - Ishmaelites - according to biblical prophecies.

Proposed Further Readings:

1) The True Story of Jesus<sup>as</sup> 2) Christianity - a Journey from Facts to Fiction 3) Jesus in India