

## Special points of interest:

- First prize for Middlesex region
- Atfal Trip to QUASER
- Regional Ta'leem & Tarbiyyat Forum
- Feed the Homeless Campaign
- Regional Office Bearers Forum

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# Middlesex Regional Newsletter

Issue 2

Dec 2011

## The Holy Qur'an

Verily, Allah enjoins justice, and the doing of good to others; and giving like kindred; and forbids indecency, and manifest evil, and wrongful transgression. He admonished you that you may take heed. (Ch. 16: V. 91)

## The Holy Prophet (saw) said

Narrated *Abdullah bin Umar*: Allah's Apostle said: A Muslim is a brother of a brother Muslim, so he should not oppress him nor should he hand him over to an oppressor. Whoever fulfils the needs of his brother, Allah will fulfil his needs; whoever saves his brother from one calamity, Allah will save him from one of the calamities of the Day of Resurrection and whoever shades a Muslim, Allah will shade him on the Day of Resurrection. [*Bukhari Volume 3, Book 43, Number 622*]

## The Promised Messiah (as) said

The remarkable material progress of the current age has been more than counterbalanced by its deplorable spiritual decline, to the extent that the souls of men have lost their ability even to grasp obvious truths. It is apparent from a close study of humanity that a hidden and formidable force is pulling it downwards, and man is swiftly being dragged into a pit which is termed *Asfalus Safilin* (the lowest of the low). Such a complete change has come over the intellects of men that they have come to admire and praise things which are abhorrent and detestable to the spiritual eye. Pure truths are laughed at and ridiculed, and complete submission to God is looked upon as an absurdity. [*How to be free from sin*]

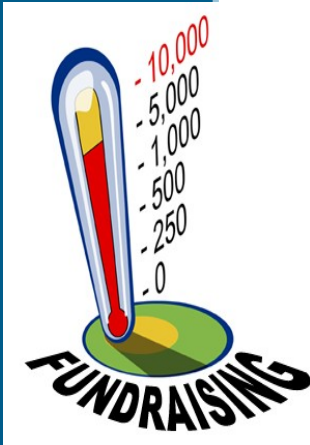
## Extracts from Friday Sermon

Fortunate are those among us who give precedence to the Hereafter over this life, who are ever on the lookout to please God and spend most of their lives in trying to please their Beloved God. They excel in giving precedence to faith over worldly matters to such an extent that they have no interest other than to serve religion. They fulfil the dues of others because this is

one of God's commandments. They honour their pledges for the pleasure of God and for this they do not care about any impediment along the way. For them there is only one objective no matter what they are going through; be it time of adversity or ease, illness or good health. Their objective is to be able to fulfil the covenant made to God and honour the trust that is given to

them. These are the kind of people about whom the Holy Qur'an states: **'And of men there is he who would sell himself to seek the pleasure of Allah...'**(2:208). Their faces exude serenity at all times as if they are a personification of *Nafse Mutmainnah* (soul at peace).

[Delivered By Huzur (atba) on December 23<sup>rd</sup>, 2011]



MKA Charity  
Challenge

*"the  
lecture highlig  
hted how  
different words  
and verses can  
be interpreted  
differently  
according to  
their context"*

## Trophy for Middlesex for leading Charity Challenge collections

Alhamdulillah, Middlesex Region was awarded a trophy for raising the greatest amount of money for charity over the course of the 2010-11 Khuddam year. The event took place as a part of Regional Office Bearers forum held (in Tahir Hall) at Baitul Futuh Mosque. The event was joined with the ceremony of official cheque presentation to the various charities across the UK.

The Chairman (Amir Jama'at UK), all the representatives of various charities and Sadr Majlis passed their

warm wishes and thanks to the office bearers. The Trophy given to Regional Qaid Middlesex was a token of recognizing the efforts made

by Khuddam and Atfal of the region. It was also a source of encouragement to maintain the level of services offered for the sake of humanity.



Ishaat department congratulates our Regional Qaid for not only receiving the trophy but also for his continuing efforts to serve humanity, during the current year as well.

## Regional Ta'leem & Tarbiyyat Forum

<http://www.khuddam.org.uk/multimedia/regions/middlesex/>

On Saturday 24<sup>th</sup> December, we held our first Regional Talim & Tarbiyyat forum of the Khuddam year held at Hounslow Mission House. The event's agenda was set in such a way to inculcate Zuhr, Asr and Maghrib namaz and to offer each of them in congregation. This in essence would not only encourage khuddam to pray in congregation but also to take advantage of the blessings of offering prayer at the masjid at the correct time.

The spirit behind the event was to bring Khuddam together to learn the fundamental principles of Islam through the Qur'an and to discuss some key current topics in an interactive way especially relevant to youth in today's society.

The event started with Ata ul Quddous Ahmed sb. delivering an interactive lecture on Qur'anic interpretation focussing on Surah Al Ma'un. The discussion broke

down the chapter into split word detail. Further to this, the lecture highlighted how different words and verses can be interpreted differently according to their context and how to apply these principles throughout the study of the Holy Qur'an.

Following Asr namaz and some welcome refreshments courtesy of the ziafat team, the interactive discussion forum began. We were very fortunate with the presence of Mohtamim Talim, Hafiz Ijaz Tahir sb. and Chief Editor of *The Review of Religions*, Amer Safir sb. to provide guidance and knowledge on the topics of discussion.

To encourage maximum participation, the audience were seated in a circular setup with moderators in place to engage and include everyone...

*...continued on page 4*

## Trip to Laser Quest (Quaser)

<http://www.khuddam.org.uk/multimedia/regions/middlesex/>

Alhamdulillah, by the Grace and Mercy of Allah, on 29th December 2011, Ma-



**Atfal enjoying the world of Laser Quest**

jlis Atfalul Ahmadiyya Middlesex hosted a trip for its Atfal to Laser Quest.

Laser Quest also known as Quaser, is a relatively new

addition to the entertainment complex in Feltham, West London, where there

are a range of games and arcades for the general public to enjoy. Alongside Quaser, Feltham Leisure Complex has a cinema, bowling alley, bingo hall, food places, indoor games and arcade arena. The purpose of the trip was to instill within our young Atfal,

the brotherhood and enjoyable companionship of each other.

The trip started with a meet up scheduled for 1:30pm at the venue. The Atfal were either dropped off by their parents or transport was arranged for them. The group was split up into two and by the top of the hour our first group were enjoying their first rounds of Quaser.

After both groups had been

in the game hall for two rounds, lunch was served which consisted of veggie nuggets, chips and a drink. The Atfal departed at 4:30pm after a photo session outside.

*...continued on page 4*

**Food parcels containing pasta meals, bottled water, crisps, chocolate bars, pastries, fruit and various other items**

## Feed the Homeless Campaign

<http://www.khuddam.org.uk/regions/middlesex/feed-the-homeless-campaign-dec-2011-0-65262/>

As part of the ongoing Khidmat-e-Khalq campaign, which gathers momentum throughout the holiday season, Hounslow South Qiadat organised a 'Feed the homeless' distribution on the 25th of De-



ember 2011.

Food parcels containing pasta meals, bottled water, crisps, chocolate bars, pastries, fruit and various other items were created to hand out to those in most need, especially those who may be sleeping rough.

Included in these parcels were winter hats and gloves which could be extremely useful during the cold winter nights. On Christmas day at around 6pm Khuddam began packing the parcels in Hounslow Mission House. Around 35 packs were created in total. Upon doing some research, the location of Southall was chosen as a distribution point. We would normally have gone into central London however due to recent media publicity and the admirable ongoing efforts of various charities, the majority of rough sleepers had been provided shelter in temporary housing or homeless centres. We were able to locate around 20-25 homeless rough sleepers that night and multiple par-

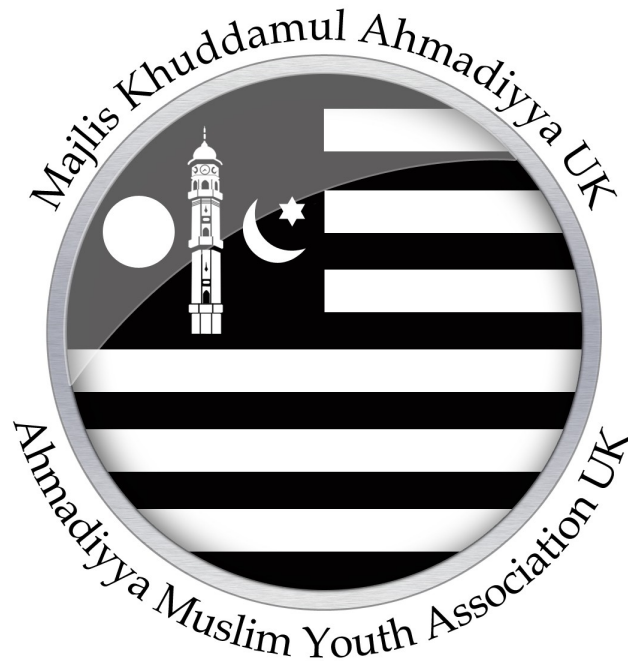
cels were distributed to those sleeping in doorways, alleys, refuse collection areas and under a motorway bypass. Any remaining parcels were then donated to local churches to be distributed at their own conven-



ience.

Overall it was a very satisfying endeavour from which we learnt some valuable lessons for our next project. May Allah bless our efforts and allow more Khuddam to get involved in serving humanity in some way.

We would request all Khuddam to send in any news, reports, articles, pictures, videos or links that they feel could be relevant for this Monthly Regional Khuddam Newsletter to [middlesex@khuddam.org.uk](mailto:middlesex@khuddam.org.uk)



## Middlesex Regional Office Bearers Forum

The Middlesex Regional Office Bearers Forum took place on 3<sup>rd</sup> December 2011 at Hounslow Mission House. Following the opening session, an introduction to the structure of KAA was given and the reason why we have the Alm-e-Inami system was explained. Regional and Local Amila then split into groups for each department head to deliver the plans for the year and to discuss the best ways of achieving them. Feedback was also given as to in what areas the Qiadats scored well/poorly in the previous year, to learn from the past experiences.

## Regional Ta'leem & Tarbiyyat Forum

(continued from page 2)

The topics discussed included: 'Chanda: What's the point', 'Importance of Tabligh' and 'Responsibilities of an Ahmadi Muslim'.

The topics were all discussed with great enthusiasm with excellent discussion points and examples provided by the audience and special guests. Overall we had 54 Khuddam from all the Qiadats that attended the event. The feedback following the event was positive and the Khuddam would like more such events delivered in the region.

Insha'Allah we plan to hold one regional event every quarter but on a local level your Qaid may arrange further discussion forums. For those that didn't attend this event, make sure you don't miss out next time!

## Trip to Laser Quest (Quaser) (continued from page 3)

The Atfal, participants and organisers went home that day with increased knowledge, friendships rekindled and brotherhood established with memories to stay, Insha'Allah.